

SEAVIEW DOWNS PRIMARY SCHOOL

NEWSLETTER

Number 1, February 17th, 2024



Government of South Australia
Department for Education

Phone: 8298 1327 Email: dl.0984.info@schools.sa.edu.au Website: www.seaviewdps.sa.edu.au

Events to remember in Term 1, 2023

Week 4	Pupil Free Day Governing Council AGM	Monday 19 th February Wednesday 21 st February @ 7pm (Performing Arts room)
Week 5		
Week 6	Assembly (Room 20 Mrs Brady)	Wednesday 6 th March @ 9am
Week 7	Public Holiday (Adelaide Cup)	Monday 11 th March
Week 8	Family Connection Conferences	All week
Week 9	Assembly (Room 12a Miss Williams) Public Holiday (Good Friday)	Wednesday 27 th March @ 9am Friday 29 th March
Week 10	Public Holiday (Easter Monday)	Monday 1 st April
Week 11	Sports Day	Friday 12 th April

Families

Families,

It's been a great start to the 2024 school year with 14 classes, a rebuild underway and class learning agreements documented and shared. Class agreements ensure each learner has input into how the class operates in their environment. This includes conversations and agreements about safety, a sense of connection, and how we respond and support big emotions.

Teachers are the first point of call for any school related class learning inquiry, communications about events and ongoings can be answered most often by the class teachers. A link for parents on how to use the Sentral App is [here](#).

If you have received information about your child and their One Plan (some learners only), please action the requested information and email Faye.Gorman635@schools.sa.edu.au once completed.

Illness (gastro and the flu) is amongst us! please do not send your children to school who are indicating feeling sick. Each day we have had ten or more persons away each day this week and the numbers are rising.

The floorplans for the new build are up on the homepage of our [website](#) for your viewing.

The school crossing was placed on Ross Street to ensure safe crossing before and after school during high traffic times. Please use the crossing with your children, and remind them that stopping, looking and listening prior to crossing is actioned.

***REMINDER MONDAY THE 19th FEBRUARY (NEXT WEEK) IS A PUPIL FREE DAY – FIRST AID FOR STAFF**

Sam Winters samuel.winters317@schools.sa.edu.au

Principal

Library volunteering

If you can spare some time in the mornings to help out with library tasks such as shelving, organizing of resources and book covering, that would be an excellent help. Book contacting packs can also be taken home which contain enough materials to cover and protect a little pile of our newest books – let me know if you can help. Thanks ☺

Premier's Reading Challenge 2024

The Premier's Reading Challenge (PRC) is on again this year, forms have been given to teachers for their classes. The Premier's Reading Challenge is a literacy engagement program that was introduced by the Premier in 2004 to encourage students to read more books, enjoy reading and improve literacy levels. The challenge requires students to read 12 books between the beginning of the school year and early September, 8 of which need to be from the Premier's Reading Challenge booklist and the other 4 books can be personal choice. Students are encouraged to read books appropriate to their reading level and from a variety of genres. Please encourage your child to participate. The library has many PRC books from the challenge list. Books from the PRC list are labelled with stickers relating to each of the different year levels – R-2, 3-5 and 6-9. Reading concludes 6th of September.

Online Library Catalogue

Our Library Catalogue is available online through our website so you can search for your next favourite read anytime you want! [Library Catalogue | Seaview Downs Primary School \(seaviewdps.sa.edu.au\)](http://Library Catalogue | Seaview Downs Primary School (seaviewdps.sa.edu.au)).

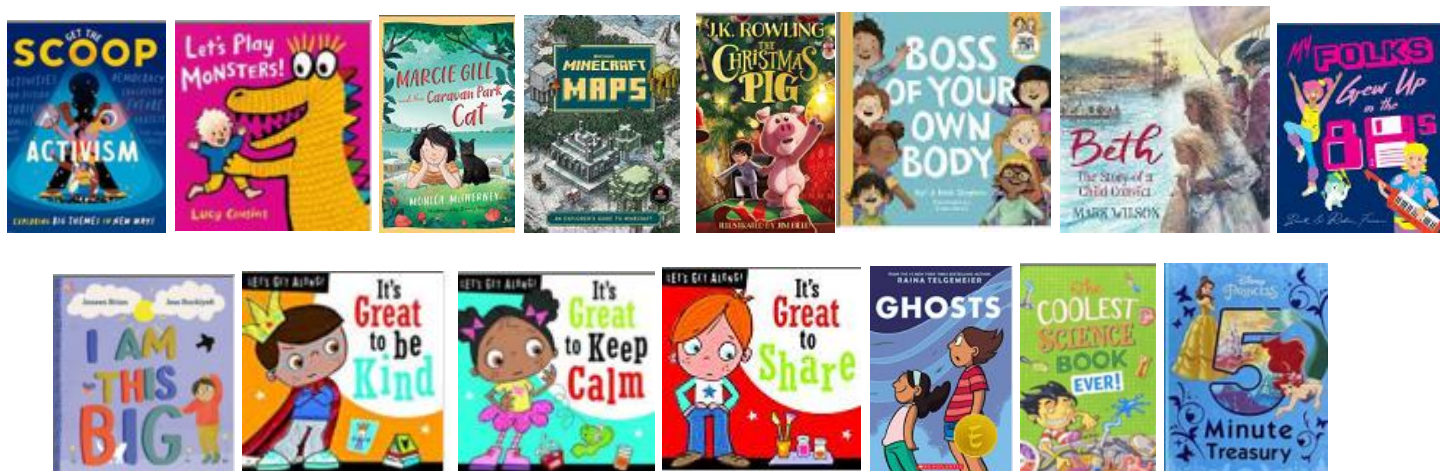
Parent Library



Our school library has a number of parenting and child development related books available for borrowing. Parents are welcome to visit the library on Thursday and Friday mornings from 9 -10am to browse and borrow from the collection.

New releases

Here's some beautiful new books that have recently been added to the collection:



Wellbeing Wrap



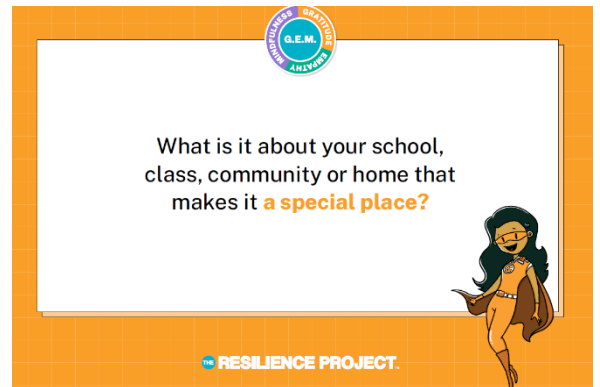
Welcome back families to the new school year. Over week one and two, all classes have been taking part in activities to increase children's connection and belonging to our school. We call our first two weeks of each year our Successful Start.

The Resilience Project back for 2024

We will be continuing to implement The Resilience Project (TRP) wellbeing program throughout our school community in 2024. For more information about TRP, see the Parents and Carers Welcome Flyer attached in this newsletter. Each newsletter edition from week 6 onward you will see Snapshots from TRP for ideas you can do in your home to transfer what children learn at school into your households.

GEM Chats

One way we are linking TRP with the families this year is by sending weekly GEM Chats home. GEM stands for Gratitude, Empathy and Mindfulness - the three principles of TRP. Class teachers will be sending a weekly GEM Chat to their families via Sentral or in children's communication folders. We use these conversation starters in the classroom with the children and with staff to start our staff meetings each week. We encourage families to make a time in your busy lives to have this GEM Chat once a week in your homes and model this reflection time with your children.



**Kind Regards,
Chris Crabb
Student Wellbeing Leader**

Welcome to The Resilience Project

PARENTS & CARERS

This year, we are excited to bring The Resilience Project (TRP) into our school community!

WHY?

Current research tells us...

Why mental health matters

THE RESILIENCE PROJECT



One in four Australian adolescents will experience mental health problems this year

Nearly two thirds of them will not seek help.



One in seven primary school students are also likely to experience mental health problems this year.

Source: National Survey of Mental Health and Wellbeing, Australian Institute of Health and Welfare, Australia's Youth: Mental Illness

EVIDENCE-BASED

The Resilience Project's School Partnership Program has been independently evaluated by both The [University of Adelaide](#) and The [University of Melbourne](#). Click the links or scan the QR code to find out more about the impact the program has on **emotional wellbeing** and **behavioral changes**.



ABOUT THE PROGRAM

The Resilience Project is committed to **teaching positive mental health strategies** to prevent mental ill-health and **build young people's capacity to deal with adversity**.

We will be implementing their evidence-based **Teaching and Learning Program** throughout our classrooms, staffroom and school community.

Teachers and students will engage in weekly lessons and activities around the key principles of **Gratitude**, **Empathy**, **Mindfulness (GEM)** and **Emotional Literacy** to build resilience.

WHAT CAN BE DONE AT HOME?



To learn more about The Resilience Project and get involved from home, you can start exploring the ideas, activities and resources which bring **Gratitude**, **Empathy** and **Mindfulness (GEM)** to life on [TRP@HOME](#).

The Imperfects podcast, led by Hugh van Cuylenburg, Ryan Shelton and Josh van Cuylenburg, is all about how perfectly imperfect we all are. Hugh, Josh and Ryan chat to a variety of interesting people who bravely share their struggles and imperfections, and we all learn some valuable take-aways we can apply to our own imperfect lives.



Lunchtime Legends

Every lunchtime, teachers on yard duty are on the lookout for students going the extra mile and being truly outstanding helpers. Whether it be helping to clean up the yard or being extra welcoming to a new face, each one of these lunchtime legends have earned a nomination because of doing something awesome.

The following students have been recognized as being Lunchtime Legends:

- Chayce x1
- Bodhi x3
- Pavan x1
- Georgia x1
- Elizabeth x1
- Tia x1
- Finn x3
- Acacia x1
- Estella x1
- Phoebe x1
- Yianni x1



For each nomination, a student earns a ticket, to be placed in our barrel and drawn out (normally at assemblies). Each nomination goes in the draw and the winner gets a free Frozen Mini Milk from the canteen! The names have now been drawn, and the winner of this week's lunchtime legend is:

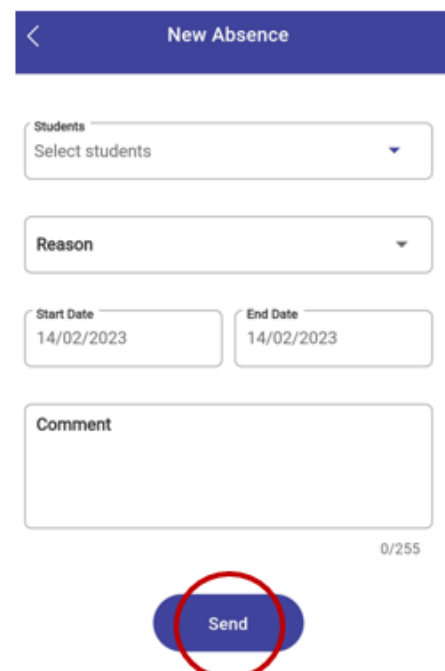
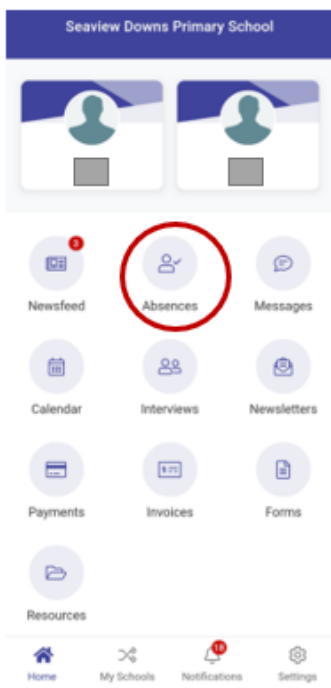
- Acacia!

CONGRATULATIONS AND THANK YOU! KEEP UP THE GREAT WORK!

Reporting Absences through Sentral

To report your child's absence through the Sentral Parent Portal:

Open the Portal and select Absences, press the + icon to submit a new absence, populate the form and press Send.



New Absence

Students
Select students

Reason

Start Date
14/02/2023

End Date
14/02/2023

Comment

0/255

Send

Room 1a's Successful Start



Not only have we been learning about ourselves as learners, we have loved working with our buddies and getting to know them!



Room 1a's Successful Start

I can't do this -
YET!



*The Learning Pit –
We have talked about
having a Fixed mindset
vs Growth Mindset.
If you don't have a
growth mindset you will
struggle to learn
something new.
You must go into the
Learning Pit!*

**Mistakes
are OK!
They help
me to learn.**

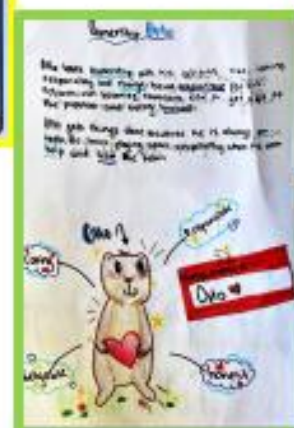


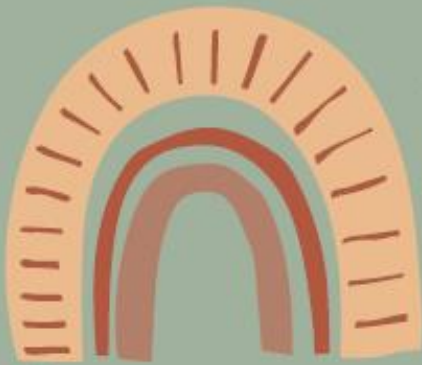
What have the Kreative Koala's in Room 2 been up to?

We have been revisiting our learning around 'The Learning Pit'. Sometimes we need to be resilient when problem solving, so that we can reach our EUREKA moment!



Ash Manuel from 'Growing with Gratitude' visited in Week 1 and we created our own logos that represented a character strength we believe a leader should have. Here are some examples...





Seaview Downs OSHC Newsletter



OSHC NEWS

Welcome back OSHC families. This Term we are striving to strengthen Quality Area 1 and Outcome 1 from the National Quality Framework. Your children's learning journeys will be documented on SeeSaw. If you don't have a Seesaw account, please speak to one of our friendly staff.

REMINDERS

Pupil Free Day

We are open for the pupil free day on Monday the 19th of February. Please book via fully booked.

Absences

If your child is unwell or has an illness that may be infectious, please keep them at home and advise staff.

Opening Times

We open at 6:45am. Please ensure your child is not signed in until this time as our duty of care is from 6:45am.

Closing Time

Please ensure to collect your child before 6:15pm. Late pickups will be charged \$1 a minute.



VACATION CARE

Vacation care will be open for bookings in week 4. We use a Priority system that is based on trust. Priority 1 is vulnerable children; Priority 2 is single families and those who receive subsidy and Priority 3 is everyone else. Please keep an eye out on Sentral for when bookings are open.

PARENT FEEDBACK

If you have any feedback for the service, please speak to the staff



GET INTO RUGBY

PLAYERS OF ALL AGES WELCOME
NO EXPERIENCE NECESSARY

brightonrugbyinc@bigpond.com.au
 <https://www.facebook.com/brightonrugbysa>
 <https://www.instagram.com/brightonrugbysa/>

410-420 Brighton Rd, Hove, SA, Australia 5048
 0418 177 395



FEMALE FOOTY

OPEN/INFO NIGHT

WEDNESDAY, FEB 7 - 6:30-7:30pm

Come along and meet **CROWS AFLW** players
ABBIE BALLARD & RACHELLE MARTIN

WE'RE LOOKING TO FIELD GIRLS TEAMS IN THE BELOW AGE GROUPS THIS SEASON, SO WHETHER YOU'RE NEW TO THE GAME OR NOT, WE WOULD LOVE TO HAVE YOU ONBOARD WITH US IN 2024! DROP BY ON FEB.7, OR IF YOU CAN'T MAKE IT BUT ARE INTERESTED IN PLAYING THIS SEASON, PLEASE CONTACT DARRYL SMITH ASAP.

**AUSKICK (GIRLS ONLY SESSIONS) PLUS...
U/8 - U/10 - U/12 - U/14 - U/16**

FOR MORE INFORMATION, PLEASE CONTACT DARRYL ON: 0431 580 219
OR EMAIL US AT: MPFC.JUNIORS@HOTMAIL.COM

DIVISION 1
PREMIERS
2023



MORPHETTVILLE PARK ROOS
DENHAM AVE, MORPHETTVILLE

LOW FEES
FAMILY
FRIENDLY

with Leah Leventeris

After School Art Program

Tuesdays 4-5:30pm
Saturdays 9:30-11am

LL Creative Studios-Seacliff Park

FOR FURTHER DETAILS TEXT LEAH 0403994453
OR EMAIL INFO@LLCREATIVESTUDIOS.COM.AU
BOOK ONLINE WWW.LLCREATIVESTUDIOS.COM.AU



Seaview Downs Primary School

THURSDAY

**1:00 - 1:35
The STEM Space**

Weekly classes will help improve:

- Creativity
- Memory
- Concentration
- Planning Skills
- Independent Decision Making
- General Aptitude for Learning
- Problem Solving
- Teamwork



Learning chess has been shown to improve overall performance at school by nearly 20% compared with children who have not

To book online, scan or go to chessmates.com.au/schools

**INFO@CHESSMATES.COM.AU
1300 CHESS MATES**



AUSTRALIAN GIRLS CHOIR



Is this your daughter?

Look no further than the Australian Girls Choir because we encourage, challenge and inspire girls as they learn to sing, dance and perform.

**Join us at our
FEBRUARY OPEN DAY**



AUSTRALIAN SCHOOL OF PERFORMING ARTS



Free home internet access – school communication toolkit

This communication toolkit includes several templates designed to support you in advising your school community about the free internet access options available to students and families. You are welcome to adapt these templates to make the information more relevant to your school community.

The templates within this package include:

- Newsletter content
- Parent email content
- Message content
- Social media content

Newsletter content

Place this article in your next newsletter to parents.

Free home internet access

Students and families who have inadequate or no access to internet at home are eligible to apply for a free internet connection to support learning.

There are 2 options available to eligible families:

- wireless internet access from the Department for Education through the student home internet program
- NBN broadband internet access until December 2025 from the Australian Government through the School Student Broadband Initiative.

You might be eligible if you:

- have a school aged child
- don't have reliable home internet access or have no active NBN broadband connection.

Find out more about what options are available and how parents and carers can apply by visiting the [department's website](#).

Parent email content

Use this template to email parents about the program.

Dear parents and carers,



Government
of South Australia
Department for Education

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Find out more about what options are available and how parents and carers can apply by visiting the [department's website](#).

If you would like support in applying for either of these programs or determining which one is best for you, please contact us:

[insert school contact details]

[insert sender's sign-off]

Message content

Use this template to send to parents via your communication platforms.

Students and families who have inadequate or no access to internet at home are eligible to apply for either the student home internet program or the School Student Broadband Initiative. Find out more about what options are available and how you can apply by visiting the [department's website](#).

Social media content

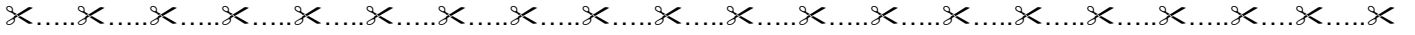
Use this content to post on your social media channels.

Free home internet access for students 🌐

If you have a school aged child, but don't have reliable home internet access or have no active NBN broadband connection 🏠 your family may be eligible!

🔗 Learn more at <https://www.education.sa.gov.au/student-home-internet-program>





Talk to us!


PARENT / CARER INPUT

Please return to Front Office for the attention of Anthony Sheehan or email to antony.sheehan@abcam.com

I would like to raise the following matter with Governing Council –

.....
.....

Please supply contact details if you would like a school councillor to discuss this with you.

NAME: _____  _____