

# SEAVIEW DOWNS PRIMARY SCHOOL

# NEWSLETTER

Number 3, April 5<sup>th</sup>, 2023



Government of South Australia  
Department for Education

Phone: 8298 1327 Email: [dl.0984.info@schools.sa.edu.au](mailto:dl.0984.info@schools.sa.edu.au) Website: [www.seaviewdps.sa.edu.au](http://www.seaviewdps.sa.edu.au)

## Events to remember in Term 1, 2023

<b>Week 10</b>	Crazy Hair Day Good Friday	Wednesday 5 <sup>th</sup> April Friday 7 <sup>th</sup> April
<b>Week 11</b>	Easter Monday School Photos Sports Day	Monday 10 <sup>th</sup> April Thursday 13 <sup>th</sup> April Friday 14 <sup>th</sup> April

## Families

### Families,

On behalf of all the staff I appreciate the time and energy associated to attending parent, teacher, student interviews last week. This method of reporting has been adjusted over time at Seaview Downs to build the learner (your child) as the active participant in the process.

To assist with future engagement through interviews a [feedback survey can be accessed here](#) for those who wish to contribute by providing feedback on this years' experience. Your feedback is anonymous.

The **Annual General Meeting** held last Wednesday had a number of new appointments to parent members for the council.

**The 2023 Governing Council members include:** Antony Sheehan, Sarah Bullen, Claire Charenton, Emily Clarke, Emma Van Dongen, Belinda Durst, Samantha Hards, Amy Hicks, Jade McCarthy, Jen McEvoy, Sasha Mykolajenko, Sally Pavic, Jarvis Webb, Iain Stanley, Kim Rogister, Cassandra Sundqvist, Nat Weate and Katrena Roberts.

The positions of office bearers (Chairperson, Treasurer, Secretary) will be determined in a following meeting next week.

A large thank you to Alison Berends and Sally Forrest as outgoing members from 2022 whose contributions to council have been substantial. Our community will continue to benefit from their volunteering in other modes in 2023.

### Sports Day – Next Friday the 14<sup>th</sup> April

Thank you to the amazing team of volunteers who have offered to help with sports day. Many hands make light work - we really appreciate the time and effort to assist in making this day run smoothly.

A programme for Sports day will be issued to the community next Tuesday after confirmation of events and times is delivered to staff initially.

Thanks Mr B, and all supporting staff and families for the organisation.

Families of students with learning plans (**One Plans**) please action the parent perspective form and return it to [faye.gorman635@schools.sa.edu.au](mailto:faye.gorman635@schools.sa.edu.au) as soon as possible.

In relation to Chris's (Mr Crabb) Student Wellbeing Leadership and **The Resilience Project**, all students were asked to check in with parent viewing of the four 'parent inspire' videos we have sent out so far. If you have not accessed them yet they can be accessed through Sentral on the 'Resources' icon.



Resources

We continue to **welcome new learners** to our school community. In recent weeks Hunter, Finn, Ella, Lucius and Nora have started with us.

**Sam Winters** [samuel.winters317@schools.sa.edu.au](mailto:samuel.winters317@schools.sa.edu.au)

**Principal**

Thank you to the Junga family for their kind donation of books to the library, there will be many grateful readers!

### Book Week



The CBCA (Children’s Book Council of Australia) have announced their Book of the Year Shortlist for 2023 (click to view @ [CBCA](#)). The nominees for the best of the best - which is 6 books for each of the 6 categories, have been ordered and will be making their way into the library over the coming weeks.

This year’s theme for Book Week is *Read, Grow, Inspire*. It’s not too early to start thinking about how to turn this theme into a costume to showcase at our annual Book Week parade in August!

### Library at Recess

The library is now open every day at recess time for students who would like to come and read a book in a quiet space. Thank you to the staff members who have volunteered themselves for library duty on their breaks to make this happen! We will be looking at our board games collection as well, please send any requests for games we don’t have through to me.

### Premiers Reading Challenge



It’s still early days in this challenge, but time is ticking! **Who will be the first to complete the challenge and submit their form?** Once completed, students will be able to put themselves up on our School of Readers Premier’s Reading Challenge display board in the library! Happy reading 😊

### Reading concludes 8 September 2023



Kathleen Banas

Library SSO



# SAVE THE DATE

**Saturday 24<sup>th</sup> June 2023**

Start organising your tables of 10.

More details and tickets sales early next term.

*\*Adults only*

## Lunchtime Legends

Every lunchtime, teachers on yard duty are on the lookout for students going the extra mile and being truly outstanding helpers. Whether it be helping to clean up the yard or being extra welcoming to a new face, each one of these lunchtime legends have earned a nomination because of doing something awesome.

The following students have been recognized as being Lunchtime Legends:

- Remy P
- Seth R
- Archie B
- Stefan P
- Koa H
- Jack VH
- Indigo O
- Charlotte K
- Eli M x3
- Elliott x2
- Faith x3
- Annie Do x1
- Amity H x2
- Zali C
- Alessio F
- Finn E
- Maddie B
- Harvey G
- Elliot B x2
- Melanie T
- Delilah x2
- Sophie M
- Sophie W
- Marlee
- Matilda O



For each nomination, a student earns a ticket, to be placed in our barrel and drawn out (normally at assemblies). Each nomination goes in the draw and the winner gets a free Frozen Mini Milk from the canteen! The names have now been drawn, and the winner of this week's lunchtime legend is:

- Alessio F!

**CONGRATULATIONS AND THANK YOU! KEEP UP THE GREAT WORK!**



## Emotional Literacy

Emotional Literacy is being able to **recognise and name our emotions**. If we can label our emotions, then we can start to understand the why and begin to problem solve to work through what it is that we're going through.

It is important to know that it is okay to feel all the emotions! **The key is to understand these and be able to use strategies to manage our emotions effectively.** Below is an example of a mood scale; this is a handy visual to use with children but can also be a handy tool to use for adults! Throughout the day we will move up and down the mood scale as we feel different emotions.



### REFLECTING ON EMOTIONS

- Have a think about times when you have felt like you were at the top end of the mood scale, in the orange or red.
- What were the triggers that made you feel like this?
- Think about the emotions you were feeling, it could have been anger, extreme sadness, furiousness, high anxiety, etc.

### MOOD CHANGERS

- Now think about how you were able to bring yourself back down on the mood scale.
- Do you already have strategies in place, or could you build up your 'mood changer' toolbox?
- Some examples of mood changes could be:

DEEP BREATHS

PLAYING WITH YOUR PET

PLAYING MUSIC

A HUG FROM YOUR CHILD/REN

MINDFULNESS

A WALK

Click here or scan the QR code to download a catastrophe scale template that you could print and use as a family.



Click on the image or scan the QR code to listen to **Dr. Emily**, a psychologist who talks about **Emotional Awareness** on the podcast, **'the imperfects'**.



Click on the image or scan the QR code to listen to **Lael Stone** on the podcast, **'the imperfects'**. Lael is an educator and a parenting expert.

If you enjoyed that episode, [click here](#) to listen to her most recent episode too.



Proudly supported by



The Resilience Project is proud to partner with Coles to support students, teachers and parents to become happier, healthier and more resilient. We are grateful for the commitment and shared vision of Coles to support the mental health of all Australians.

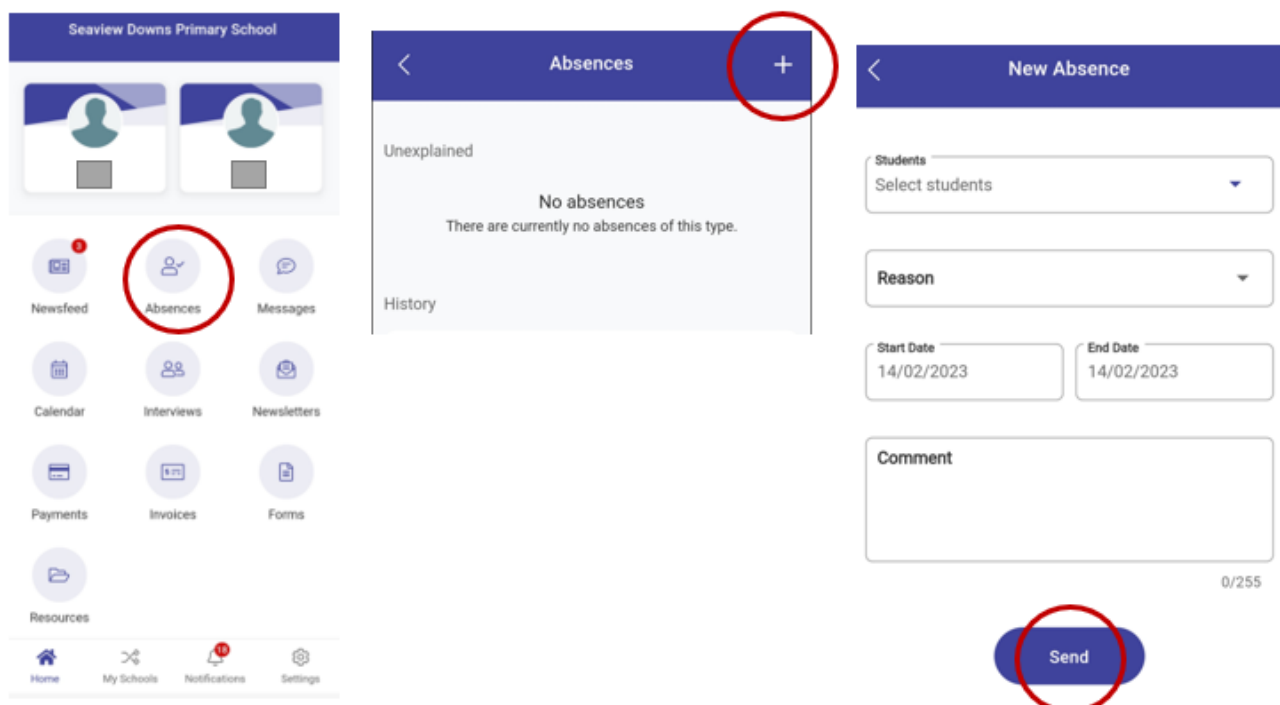
education@theresilienceproject.com.au | (03) 9113 9302 | theresilienceproject.com.au



## Reporting Absences through Sentral

To report your child's absence through the Sentral Parent Portal:

Open the Portal and select Absences, press the + icon to submit a new absence, populate the form and press Send.



## Preschool Enrolments

**Did you know that children who turn 4 before end October can start kindy in Term 3 this year?**

Seaview Downs Kindy are taking registrations right now for mid-year intake as well as the beginning of 2024. Pop into the kindy to see Joy or phone 8296 3322 for more information. 5a Hume St. Seaview Downs.

## Finance

**Halfway through the term already!**

A very big thank you to everyone who has paid their school fees or organised payment plans.

You may find that you could be School Card eligible. This is based on your 2021/22 financial year gross income. This can be done online at [sa.gov.au/education/school-card](http://sa.gov.au/education/school-card). Or alternatively a paper Application form can be obtained from the Finance Office or ring me and I can send home with your child.

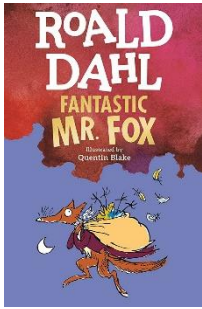
Statements and invoices went home with your eldest child in Week 2. If you have not paid your fees yet, please pay the balance that is on the Statement, not the invoice, this is because the Government rebate has been applied (unless you are School Card eligible, in which case you will not receive the rebate).

Payment options are BPoint, EFTPOS, Qkr! or cash. You can also set up a Direct Debit payment plan. Please contact the Finance Office to do this.

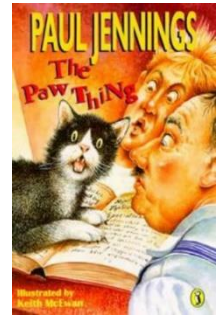
Thank you.

**Audra Nesbit**

**Finance Officer**



## LEARNING IN ROOM 8 BOOK CLUB



In Room 8 students participate in Book Club. Each group has a book to read and a new role which changes weekly. Roles include director, predictor and word finder among others.

This term we are reading books by Roald Dahl, Paul Jennings, David Metzenthen and Lauren Brooke.



“I have loved sharing my ideas with my group” Zoe



“I enjoy answering questions about my book” Louis

“I like having different roles each week and so far, my favourite role has been the connector” Kai



“My favourite part has been directing my group and being a leader” Tahlia



## MATHS PROBLEM SOLVING

Each week during Numeracy lessons we problem solve. Problem solving develops students critical and creative thinking. One activity our class enjoys which challenges their mathematical thinking and resilience is target number.

Students can use the four operations (+ - x ÷) and certain numbers only to reach their target.

Here is our target number from this week. What solutions can you create?

Target number: 200

Numbers to use: 100, 2, 5, 9, 7, 4.

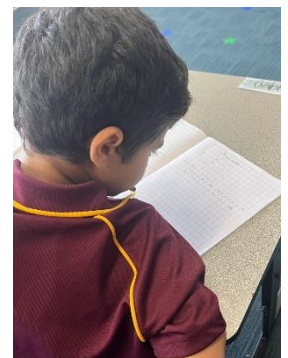
Here are some of the solutions we found:

$$100 \times 2 = 200$$

$$100 + 100 = 200$$

$$100 \times 4 / 2 = 200$$

$$(100 \times 2) + 9 - 5 - 4 = 200$$



**Vacation Care April**

Our Vacation Care Program is now open for everyone to book. We are full every day but please ensure children are put on waitlists as we do get many cancellations. Our new cancellation policy for vacation care is now 14 days. Please ensure you cancel your child before 14 days to avoid a session fee.

**Booking for BSC and ASC**

We are filling up very quickly so please ensure you book at least a week in advance to ensure you get a spot. If you cannot book online that means we are at capacity or at ratio for the session and you will need to contact the service to see if there has been any cancellations.

**Snack**

We are now having snack outside due to the increasing number of children. Fruit is available throughout the whole session and snack is served at 4:30pm outside on the courts.

**Sea Saw**

Please regularly check for updates about our programs and your child's learning journey. Staff will keep parents up to date through this app.

**Absences**

If your child is unwell or has an illness that may be infectious, please keep them at home and advise staff. You will need to provide a medical certificate to enable refund of session.

**Close Time**

Please ensure to collect your child at 6:15pm. Late pick ups will be charged \$1 a minute.

**Culture Corner**

This month we have been celebrating Mexico. Each month we celebrate a different culture. If you would like to contribute to our OSHC and donate any cooking recipes or activities please contact us.



**Kind Regards,  
Kristy Weekley  
OSHC Director**





*Talk to us!*

**PARENT / CARER INPUT**

Please return to Front Office for the attention of Anthony Sheehan or email to [antony.sheehan@abcam.com](mailto:antony.sheehan@abcam.com)

I would like to raise the following matter with Governing Council –

.....  
.....

**Please supply contact details if you would like a school councillor to discuss this with you.**

**NAME:** \_\_\_\_\_  \_\_\_\_\_